

# Evergreen Union School District

## September 2022 Menu

Prepayment of meals is welcomed and encouraged. Cash or checks are accepted in the cafeteria, the amount tendered will be applied to your child's meal account.

**PAY YOUR BILL ONLINE!**

Online payment options for student meal accounts are available at: <https://family.titank12.com/>

The District Wellness Policy is available for viewing at: [www.evergreenusd.org](http://www.evergreenusd.org)


Applications for free and reduced meals can be completed at any time during the school year. **ALL** students who qualify for free or reduced meal prices will receive meals at **NO COST**.

*This institution is an equal opportunity provider.*

Menu subject to change.

More specific nutritional information is available upon request.

Please call: (530) 347-3411 ext. 7528 with any questions regarding food service related issues.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			<b>Breakfast</b> Eggstravaganza  <b>Lunch</b> <b>Nacho Business</b> Refried Beans Mixed Green Salad w/ Tomatoes	<b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> <b>Chicken Tenders</b> Steamed Corn Potato Wedges
5	6	7	8	9
	<b>Breakfast</b> Mini Waffles Sausage  <b>Lunch</b> <b>The Max Mozz Sticks</b> Marianara Sauce Steamed Broccoli	<b>Breakfast</b> Blueberry Muffin  <b>Lunch</b> <b>BBQ Chicken Sandwich</b> Coleslaw Baked Beans	<b>Breakfast</b> Scrambled Eggs Wheat Toast  <b>Lunch</b> <b>Chicken &amp; Cheese</b> <b>Quesadillas</b> Steamed Corn Pinto Beans	<b>Breakfast</b> Bagel w/ Cream Cheese  <b>Lunch</b> <b>Hot Dogs</b> Tater Tots Baby Carrots
12	13	14	15	16
<b>Breakfast</b> Pancake on a Stick  <b>Lunch</b> <b>Chicken Nuggets</b> Potato Wedges Green Beans	<b>Breakfast</b> Yougurt 1/2 Bagel  <b>Lunch</b> <b>Turkey &amp; Spinach</b> <b>Croissant</b> Baby Carrots w/ Ranch	<b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> <b>Crispy Chicken</b> <b>Salad</b> Breadstick	<b>Breakfast</b> Buttermilk Pancakes  <b>Lunch</b> <b>Soft Pretzel</b> w/ Nacho Cheese Celery Sticks w/ Peanut Butter	<b>Breakfast</b> Sausage & Cheese on an English Muffin  <b>Lunch</b> <b>Cheese Burgers</b> BBQ Baked Beans French Fries
19	20	21	22	23
<b>Breakfast</b> Hot or Cold Cereal Wheat Toast  <b>Lunch</b> <b>Rowdy Rib Sandwich</b> Baked Beans Baby Carrots w/ Ranch	<b>Breakfast</b> 1/2 Bagel Sausage Link  <b>Lunch</b> <b>Deli Sandwiches</b> String Cheese Broccoli Buds w/ Ranch Chips	<b>Breakfast</b> French Toast Sticks Sausage Links  <b>Lunch</b> <b>Macaroni &amp; Cheese</b> Green Salad w/ Romaine	<b>Breakfast</b> Scrambled Eggs Wheat Toast  <b>Lunch</b> <b>Bean &amp; Cheese</b> <b>Burritos</b> Mexican Rice Steamed Corn	<b>Breakfast</b> Parfait w/ Graham Crackers  <b>Lunch</b> <b>Chick'wich</b> Lettuce & Tomatoes Potato Wedges
26	27	28	29	30
<b>Breakfast</b> Biscuits & Gravy Sausage Patty  <b>Lunch</b> <b>Corn Dog</b> French Fries Baby Carrots	<b>Breakfast</b> Eggstravaganza  <b>Lunch</b> <b>Chicken Popper</b> <b>Parmesan</b> Romaine Salad Garlic Bread	<b>Breakfast</b> Hot or Cold Cereal Wheat Toast  <b>Lunch</b> <b>Taco Wednesday</b> Refried Beans Spanish Rice	<b>Breakfast</b> Mini Cinnamon French Toast  <b>Lunch</b> <b>Turkey Sub Sandwich</b> w/ Spinach & Tomatoes Pickle Spear Chips	<b>Breakfast</b> Breakfast Pizza  <b>LAST DAY LUNCH!</b> <b>Lunch</b> <b>Pepperoni Pizza</b> Mixed Green Salad w/ Tomatoes & Kidney Beans

**BREAKFAST**  
Free for all students!

**LUNCH**  
Free for all students!

**ADULT MEALS**  
Breakfast: \$2.40  
Lunch: \$ 4.25  
A la Carte Entree: \$ 1.75

**MILK**  
\$ .40

**Bottled Water**  
(available to purchase only with cash or money on account)  
\$1.00

Choice of 1% white or non-fat chocolate milk is served with each meal.

Fruit Juice is served additionally with breakfast.

Fresh Fruit is served everyday for both Breakfast and Lunch.

Additional vegetables are always available with every lunch as we are an offer vs. serve program.

Menu subject to change.

More specific nutritional information is available upon request.