

# March 2023 Menu

## Evergreen Union School District



Prepayment of meals is welcomed and encouraged. Cash or checks are accepted in the cafeteria, the amount tendered will be applied to your child's meal account.

**PAY YOUR BILL ONLINE!**

Online payment options for student meal accounts are available at:  
<https://family.titan.com/Y439EE>

The District Wellness Policy is available for viewing at:  
[www.evergreenusd.org](http://www.evergreenusd.org)

Applications for free and reduced meals can be completed at any time during the school year.

*This institution is an equal opportunity provider.*

Menu subject to change.

More specific nutritional information is available upon request.

Please call: (530) 347-3411 ext. 7528 with any questions regarding food service related issues.



Monday	Tuesday	Wednesday	Thursday	Friday
		1	Happy Birthday Dr. Seuss 2	3
		<b>Breakfast</b> Mini Waffles	<b>Breakfast</b> Mini Pancakes	<b>Breakfast</b> Muffin
		<b>Lunch</b> Spaghetti w/ Meat Sauce Mixed Green Salad Bread Stick	<b>Lunch</b> Green Eggs & Ham Hashbrown Sausage Biscuit	<b>Lunch</b> Hot Dogs BBQ Baked Beans Tator Tots Baby Carrots
6	7	8	9	10
<b>National School Breakfast Week</b>				
<b>Breakfast</b> Cinni Mini	<b>Breakfast</b> Pancake & Sausage Sandwich	<b>Breakfast</b> Eggstravaganza Wheat Toast	<b>Breakfast</b> Maple French Toast Squares	<b>Breakfast</b> Breakfast Nacho
<b>Lunch</b> Chicken Nuggets Corn Buttermilk Biscuits	<b>Lunch</b> Turkey & Spinach Croissant Pasta Salad Baby Carrots w/ Ranch	<b>Lunch</b> Chicken Ramen Bowl Steamed Broccoli Crackers	<b>Lunch</b> Italian Turkey Wrap w/ Spinach & Tomato Pickle Spear Chips	<b>Lunch</b> Cheese Burgers BBQ Baked Beans French Fries Baby Carrots
13	14	15	16	<b>St. Patrick's Day</b> 17
<b>Breakfast</b> Pancake on a Stick	<b>Breakfast</b> Hot or Cold Cereal English Muffin	<b>Breakfast</b> Mini Pancakes	<b>Breakfast</b> Sausage & Cheese Biscuit	<b>Breakfast</b> Lucky Charm Parfait
<b>Lunch</b> X-treme Burrito Spanish Rice Mixed Veggies	<b>Lunch</b> Tot-Chos Mixed Green Salad w/ Tomatoes	<b>Lunch</b> Chick'wich Potato Wedges Baked Beans	<b>Lunch</b> Grilled Cheese Sandwich & Vegetable Soup	<b>Lunch</b> Macaroni & Cheese Green Beans Dinner Roll
20	21	22	23	24
<b>Breakfast</b> Mini Pancakes	<b>Breakfast</b> Breakfast Muffin	<b>Breakfast</b> French Toast Stix Sausage Link	<b>Breakfast</b> Yogurt & Bagel	<b>Breakfast</b> Breakfast Pizza
<b>Lunch</b> Corn Dog Baked Beans French Fries Baby Carrots	<b>Lunch</b> Crunchy Beef Tacos Mexican Rice Shredded Lettuce & Tomatoes	<b>Lunch</b> Mozz Cheese Stick w/ Marinara Sauce Romaine Salad w/ Tomatoes	<b>Lunch</b> Egg Roll Chow Mein Mixed Vegetales	<b>Lunch</b> Pizza Green Salad w/ Tomatoes
27	28	29	30	31
<b>Breakfast</b> Hot or Cold Cereal	<b>Breakfast</b> Eggstravaganza Wheat Toast	<b>Breakfast</b> Mini Waffles Sausage Link	<b>Breakfast</b> Breakfast Burrito	<b>Breakfast</b> Pancake on a Stick
<b>Lunch</b> Quesadillas w/ Salsa Refried Beans Baby Carrots w/ Ranch	<b>Lunch</b> Hot Ham & Cheese Croissant Sliced Bell Peppers W/ Ranch	<b>Lunch</b> Fettuccine Alfredo Steamed Broccoli Bread Stick	<b>Lunch</b> Deli Sandwich Celery Sticks w/ Peanut Butter Cup Chips	<b>Lunch</b> Chick'wich Roasted Potato Wedges Baked Beans Baby Carrots w/ Ranch



Free for  
**LUNCH**  
 Free for all students!  
**ADULT MEALS**  
 Breakfast: \$2.40  
 Lunch: \$ 4.25  
 A la Carte Entree: \$ 1.75

**MILK**  
 \$ .40

Bottled Water (available to purchase only with cash or money on account)  
 \$1.00

Choice of 1% white or non-fat chocolate milk is served with each meal.

Fruit Juice is served additionally with breakfast.

Fresh Fruit is served everyday for both Breakfast and Lunch.

Additional vegetables are always available with every lunch as we are an offer vs. serve program.

Menu subject to change.

More specific nutritional information is available upon request.



# March 2023 Menu

## BEND



Free for all students!

LUNCH  
Free for all students!

ADULT MEALS  
Breakfast: \$2.40  
Lunch: \$ 4.25  
A la Carte Entree: \$ 1.75

MILK  
\$ .40

Bottled Water  
(available to purchase only with cash  
or money on account)  
\$1.00

Choice of 1% white or  
non-fat chocolate milk  
is served with each meal.

Fruit Juice is served  
additionally with breakfast.

Fresh Fruit is served  
everyday for both  
Breakfast and Lunch.

Additional vegetables  
are always available with  
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Menu subject to change.

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information is available  
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Monday	Tuesday	Wednesday	Thursday	Friday
		1	Happy Birthday Dr. Seuss 2	3
		<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go
		<b>Lunch</b> Spaghetti w/ Meat Sauce Mixed Green Salad Bread Stick	<b>Lunch</b> Green Eggs & Ham Hashbrown Sausage Biscuit	<b>Lunch</b> Hot Dogs BBQ Baked Beans Tator Tots Baby Carrots
6	7	8	9	10
National School Breakfast Week				
<b>Breakfast</b> Cinni Mini	<b>Breakfast</b> English Muffin w/ Cheese	<b>Breakfast</b> Breakfast Nacho	<b>Breakfast</b> Maple French Toast Squares	<b>Breakfast</b> Pancake Breakfast
<b>Lunch</b> Chicken Nuggets Corn Buttermilk Biscuits	<b>Lunch</b> Turkey & Spinach Croissant Pasta Salad Baby Carrots w/ Ranch	<b>Lunch</b> Chicken Ramen Bowl Steamed Broccoli Crackers	<b>Lunch</b> Turkey Wrap w/ Spinach & Tomato Pickle Spear Chips	<b>Lunch</b> Cheese Burgers BBQ Baked Beans French Fries Baby Carrots
13	14	15	17	St. Patrick's Day 17
<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Lucky Charm Parfait
<b>Lunch</b> X-treme Burrito Spanish Rice Mixed Veggies	<b>Lunch</b> Nacho Refried Beans Green Salad	<b>Lunch</b> Chick'wich Potato Wedges Baby Carrots w/ Ranch	<b>Lunch</b> Vegetable Soup 1/2 Sandwich	<b>Lunch</b> Macaroni & Cheese Green Beans Dinner Roll
20	21	22	23	24
<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go
<b>Lunch</b> Corn Dog Baked Beans French Fries Baby Carrots	<b>Lunch</b> Soft Tacos Lettusce & Tomatoes Spanish Rice	<b>Lunch</b> Mozz Cheese Stick w/ Marinara Sauce Romaine Salad w/ Tomatoes	<b>Lunch</b> Ham & cheese Wrap Spinach & Tomatoes Chips	<b>Lunch</b> Pizza Green Salad w/ Tomatoes
27	28	29	30	31
<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go	<b>Breakfast</b> Grab & Go
<b>Lunch</b> Quesadillas w/ Salsa Ranchero Beans Baby Carrots w/ Ranch	<b>Lunch</b> Ham & Cheese Croissant Sliced Bell Peppers W/ Ranch	<b>Lunch</b> Fettuccine Alfredo Steamed Broccoli Bread Stick	<b>Lunch</b> Deli Sandwich Celery Sticks w/ Peanut Butter Cup Chips	<b>Lunch</b> Chick'wich Roasted Potato Wedges Baked Beans Baby Carrots w/ Ranch



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